

Vomiting & Diarrhoea (Gastroenteritis)	Stay away from school for at least 48 hours after your symptoms have gone away.
Flu (Influenza)	Young tamariki can be contagious for more than 5 days.
Chicken Pox	Avoid close contact with other people until you have stopped getting new blisters and all blisters have dried.
Covid 19	If you test positive for COVID-19, it is recommended you isolate for at least 5 days.
Hand, Foot & Mouth	Contagious for 7 to 10 days from the start of the illness.
Measles	<i>Measles is a notifiable disease in New Zealand.</i> Public Health staff will confirm the exact date that your official isolation period will end.
Respiratory Illness (coughing/runny nose/sore throat)	After being unwell with a respiratory illness, you can still be infectious even after your symptoms have improved. You should take precautions for another 5 days to prevent spreading your illness to others.
Rotovirus	Stay home from school: • until they are well • for 48 hours after the last episode of runny poo or vomiting.
Whooping Cough	<i>Whooping Cough is a notifiable disease in New Zealand.</i> Public Health staff will confirm the exact date that your official isolation period will end.