

**Takapuna Primary School**



# Parent Evening 2022

# Consultation

“School Board consult with their community to:

- Inform the school community about the content of the health curriculum.
- Ascertain the wishes of the school community regarding the way in which the health curriculum should be implemented, given the views, beliefs, and customs of the members of that community.
- Determine, in broad terms, the health education needs of the students at the school.

# Implementation at Takapuna Primary School



# The Programmes/Values we use to meet the learning needs of our students.

<p>Our School Values</p>	<p>Well-being:</p> <ul style="list-style-type: none"><li>- Student leadership</li><li>- Well-being Room and Wellbeing Wednesdays</li></ul>	<p>Puberty Programme</p> <ul style="list-style-type: none"><li>- Year 5 &amp; 6 annually</li></ul>
<p>Keeping ourselves Safe Programme</p> <ul style="list-style-type: none"><li>- Every 2 years</li></ul>	<p>Mitey</p>	<p>Road Safety Fire Safety Sun Safety</p>

## **Anti-bullying programme, Mediation and Restorative Practices**

We have an anti-bullying programme which encourages students to report bullying that occurs inside and outside school and students are given clear options as to who they can approach including staff, parents and peers.

A restorative programme **Healing the Hurt** is put in place if bullying has occurred. If your child talks to you about bullying, meanness or teasing then please mention this to the class teacher, a Deputy Principal or to the Principal. Any report of bullying, including cyberbullying, is taken seriously and dealt with speedily, fairly and in confidence, as much as is appropriate.

# Our School Values

We implement the school values through a variety of different ways.

- They are the foundation of our behaviour policy.
- Drive classroom discussions around incidents that happen during playtime and lunchtime.
- Assembly certificates from Teachers and Principal are based our school values.



# Road, Fire and Sun Safety

## Road Safety

Learning outcomes from the Road Safety programme include:

- Students understand about traffic safety and traffic laws.
- Students can identify road hazards.
- Students can demonstrate a range of safe practices that they can use as a pedestrian or passenger.

## Firewise

Learning outcomes from the firewise programme include:

- Students understand that fire can be dangerous.
- Students show they know how to prevent fires starting.
- Students show they know how to get themselves out of a burning building quickly and to a safe meeting place.

## Sun Safety

- Educate students about being Sun Safe
- Wear hats in Terms 1 and 4
- Encourage the use of sunblock
- Provided shared areas for play
- Staff model safe sun habits
- Regularly review our Sun Policy
- Staff monitor sun exposure during outdoor learning activities

# Focus on well being

- Student Action Team
- Wellbeing Room,
- Wellbeing Wednesdays (breathing techniques, calming, mindfulness strategies)
- Peer Coaching by students



# Wellbeing Room



# Keeping Ourselves Safe

Every 2 years.

Programme used alongside support from the Police Education Officer.

Aim of programme.

- teach students a range of safe practices that they can use when interacting with other people, both online and face to face
- teach students how to recognise the difference between healthy and unhealthy relationships, and encourage students who have been or are being abused to seek help
- prevent abuse by making parents and teachers more aware of their responsibilities to help students avoid abuse.

# Puberty Talks

- Annual Programme
- For our year 5 and 6 students
- Run by outside facilitators (Puberty Matters)
- Introduction to the **physical** and **emotional** changes that will occur as they begin Puberty and change into young adults.
- Boys learn about their bodies and the pubertal changes that will take place
- Girls learn about the changes they will experience, including menstruation and management e.g pads, tampons and period underwear.
- Both boys and girls will learn about the changes they will need to make in their daily hygiene due to these physical changes.
- They will be encouraged to go home and talk to family members they feel comfortable talking to.

# Mental Health: Mitey

- 3 year programme that is build around the NZ curriculum which teachers embed into everyday learning
  - A programme aimed at developing age appropriate skills, knowledge and attitudes to help them to deal with mental health issues both with themselves and others.
  - Looks at the IQ and EQ of mental health
    - Mitey is about normalising emotions
- The programme is based around the MANA model

Mana Whānau-

Mana Ūkaipō

Mana Motuhake

Mana Tū

Mana Tangatarua

# Relationships and Sexuality Education (RSE).

This refreshed resource, *Relationships and Sexuality Education: A Guide for Teachers, Leaders, and Boards of Trustees*, focuses strongly on consensual, healthy and respectful relationships as being essential to student wellbeing. It is available in two volumes: one for years 1–8, and one for years 9–13.

<https://hpe.tki.org.nz/guidelines-and-policies/relationships-and-sexuality-education/>

Likely to be in school curriculum by 2024, at the stage it is a guiding document for schools.

TPS current health programmes cover aspects of this however we are not yet implementing RSE.

Annual Cyber safety week

Netsafe resources and Netsafe Parent evening  
annually

Clear expectations and values

Focus on teaching and learning

Working with families

# Next Steps:

Feedback

Suggestions

Questions: